

Packing List for Innovations

Below is a suggested list of items to bring to camp. Do not bring expensive items to camp!

Clothing

- 1 pair sweats
- 1 pair jeans
- 7 shirts (one long-sleeved)
- 4 pair of shorts
- Hoodie/pullover/jacket
- Rain coat
- Hat
- Swim suit
- Water shoes (old tennis shoes work)
- Hiking boots/shoes
- Tennis shoes
- 7 each, under garments and socks
- Towel (beach and bath)

Miscellaneous Items

- Sleeping bag
- Foam sleeping pad (Innovations week 1, only)
- Pillow
- Flashlight and or head lamp (extra batteries)
- Day pack
- 2 refillable water bottles
- Life jacket (optional)

Other

- Insect repellent
- Sunscreen and chap stick
- Toiletries (shampoo, soap etc...)
- Camera (optional)
- Binoculars (optional)
- Sunglasses
- Prescription medication if necessary
- Reading material and journal (optional)